

Lyndoch Living: does bullying and intimidation just vanish?

It's seven months since a leaked survey exposed allegations of bullying and intimidation at Lyndoch. What has happened since?

EPA puts Wannon Water under the pump over ocean outfall

A small victory in the battle to save Thunder Point from effluent pollution.

Letter to the Editor sums up Lyndoch membership farce

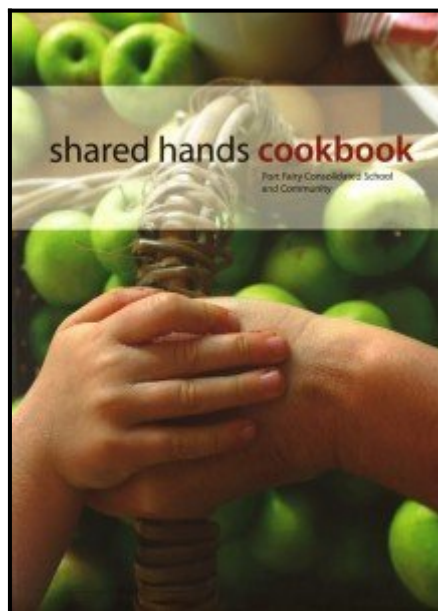
No explanation necessary: this Letter to the Editor in the local paper is worth running in full.

Artery is pumping and here's

what's next...

The Artery is pumping – and about to get even bigger.

At last – a cookbook you can use!



[dropcap style="font-size: 60px; color: #8F9F59;"] H
[/dropcap]ow many times have you been lured into buying a sumptuous-looking cookbook, only to find that the fine print includes ingredients that you have either never heard of, or which are almost impossible to buy? (Fresh bamboo sticks, dried banana leaf, mud crab...)

And we all own at least one cookbook that has such convoluted, complex recipes that even if you source the ingredients, you haven't got time to devote an entire day to making dinner.

There are no such problems with this week's choice for

Bookmarks, which is a collection of recipes from the Port Fairy Consolidated School and Community.

This is what **Michaelie Clark**, from Warrnambool Books, has to say about her selection:

[dropcap style="font-size: 60px; color: #8F9F59;"] 'T
[/dropcap]his book was released by the Port Fairy Consolidated School and Community last year and is very impressive (deviates greatly from the old binders you used to get with photocopies of Mum's yo-yo recipe, etc)!

It has been a consistent seller since its release.

In 2007, the Port Fairy Consolidated School made a successful application to join the [Stephanie Alexander Kitchen Garden Program](#), which gave the students the tools and support to grow, harvest, prepare and share food, with a strong focus on the value of local produce.

An important result of the program is the **Shared Hands Cookbook**, a beautiful collection of recipes from the school and its associates, the local culinary community, and others they are inspired by. The book includes high quality, full-colour photos of most of the dishes, plus lots of images from the garden, the school and around the town.

The recipes are easy to follow, diverse and incredibly tempting (the 'Baked Zucchini Stuffed with Spicy Rice' and the 'Quince and White Chocolate Muffins' would be pretty hard to pass up), but best of all is the book's wonderful local flavour.'

Yum!

[box] You can keep up with new releases at Warrnambool Books via its [Facebook page](#).[/box]



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